WE, WOMEN

by Giorgia Mauri

Women can really make the difference. Around the world, more and more women are emerging and bringing about a change in the way they approach issues and apply different strategies to improve the world. The most important issues we are facing today, the global warming, see a large number of women engaged in leading societies and organisations to find plausible and feasible solutions. To act now. What is important is to act, not to give up, not to get lost in words. To act, even if it seems to be just a drop in the ocean. We Women can provide the decisive impetus for these actions. If we believe, nothing can stop us. Make the difference. Be the difference.



Breeder, Show Organizer, Holistic Horse Therapist

First I want to thank mrs Giorgia Mauri for being part of this amazing project. My name is Annelieke Stoop, 32 years old and living together with my husband and our horses in the Southern part of The Netherlands. We bought our first Arabian mare Paroeska (Paraquay x Knitova s. Kniazj) when I was 12 years old. She is still living with me and is now 29 years old and gave us 5 beautiful daughters. We call our small stud Lazize Arabians and sometimes we breed a foal for show and sport.

In 2003 me and my parents started to organize dressage competitions for Arabian horses. In 2004 we combined the dressage competition with a regional show. A few years later the Arabian Horse Weekend was born and has grown into one of the biggest International C-shows in Europe. Every year we try to grow and improve the event. We are working very hard for it and are busy with the show all year and we love doing it. That is the most important thing, to do something you are passionate about and work hard for it. Also I think it's very important that you speak and listen to a lot of people. Do not be afraid to ask questions.

For me the versatility and the character of the Arabian horse is what is so special about them. I competed almost all my life at (dressage) competitions with my Arabian horses and have won a lot of titles but in the end it's not only about winning. More and more I see that the money is more important than the welfare of the horses. And I hope that we women can stop this from happening or at least from getting worse in the Arabian world. Each horse has a beautiful soul which we can learn a lot from. For me there's no such thing as an ugly horse, they are all special. It's our task to breed healthy and strong horses as they have no choice. Especially if they are not good enough for the showring or other competitions, that they still can have a happy and healthy life.

I will also do my best to have my contribution to the welfare of the (Arabian) horse world and I'm finally starting to follow my dream. Besides my regular office job, I have started 2 years ago with several educations to help horses mentally and physically. My goal is to have a partnership that is built on trust with horses and also help other owners to achieve this. But this is not enough as I see a lot of physical problems with horses because how they are bred, or because of how we train the horses, and I'm starting with an education for cranio-sacral therapist for horses. If you have problems with your horse, don't run from it but find the right help and learn from it!

If you want to work with horses, my advice would be to visit or work with trainers from different disciplines and other breeds. Learn not only how to train a horse, but also observe how horses learn, think, react and respond. Learn about the anatomy and biomechanics of horses. Learn about the primal needs for horses like good quality roughage 24-7, a lot of freedom so they can move enough and playing and grooming with other horses. And always go with an empty mind to your horses. If you want to be a breeder, talk with great breeders and learn from their experience. Study the pedigrees and genetics. Never breed for just a pretty face, but also acknowledge the importance of a good body, character, strong legs and functional movement.

MY MESSAGE TO ALL WOMEN IS TO STAY TRUE TO YOURSELF SO YOU CAN LOOK ALWAYS TO YOURSELF IN THE MIRROR. KEEP LEARNING AND IMPROVING YOURSELF AND BUILD A PARTNERSHIP WITH YOUR HORSE(S). FOLLOW YOUR HEART AND WHAT IS MEANT TO BE, WILL ALWAYS FIND ITS WAY.



Veterinary Medicine Student and Breeder

My name is Esther Detailleur, 22 years old and born in Belgium.

I'm passionated about the Arabian horse and studying Veterinary Medicine.

I'm raised on a small farm with Arabian horses and inherited the passion & respect for the breed from my dad. He never obligated me and my 2 sisters to follow his passion but we all got "arabitis".

Growing up with these beautiful horses combined with a big interest in healing animals resulted in applying at the University of Ghent to study Veterinary Medicine.

The opportunities I get because of the Arabian horse world are priceless. It's a small world with an unbelievable variety of characters all sharing the same passion. Which I think is very interesting, I love to hear everyone's vision and sharing my opinion & knowledge and how I see my "perfect Arabian". I may be young but I mostly grew up surrounded by older people which I think made me very social, strong and determined to follow my ideas. Since I was a little kid I went to every show with my dad, always wanting to learn about the breed and discussing how to look at horses. In the future (after graduating) I would love to become a judge. I think it's one of the coolest things to do, sharing your vision about the breed while experiencing different cultures, explore new places and meeting interesting people.

As I literally grew up in this world with a well respected dad & family, I never felt being a woman was/is an issue.

MY MOM ALWAYS SAYS "IF YOU CAN DREAM IT, DO ITI". SHE IS A VERY STRONG WOMAN, WHO ALWAYS PUT HER DAUGHTERS ON THE FIRST PLACE. NOTHING WILL EVER STOP HER TO GUIDE US TO CHASE OUR DREAMS. HARD WORK PAYS OFF, YOU JUST NEED TO KEEP GOING & NEVER GIVE UP! I THINK THIS IS SOMETHING EVERYONE NEEDS TO KEEP IN MIND, NEVER UNDERESTIMATE YOURSELF, ENJOY LIFE AND GO FOR IT..

LAST BUT NOT LEAST, EDUCATION & PASSION IS KEY.

I DON'T WANT TO SAY THAT YOU CAN'T TRUST ANYONE BUT ALWAYS DOUBLE CHECK THE FACTS AND FOLLOW YOUR HEART. TRY TO AVOID THE PERSONS WITH 'ONLY DOLLARS IN THEIR EYES' AND FIND THE REAL PASSIONATED AND KNOWLEDGEABLE PEOPLE TO GUIDE YOU TO LIVE YOUR DREAMS & ALWAYS PUT THE LOVE FOR THE HORSES FIRST!

ONCE YOU'RE ON THE ARABIAN HORSE TRACK YOU WILL NEVER GO BACK!



Veterinarian

I am Auroxochitl Monteiro, a veterinary doctor specialized in equine reproduction, and my contact with horses has always been something very special. On holiday trips, or wherever we went, was always looking for them, felt an inexplicable need to be close. Thus my mother in 1988 started a breeding of horses Quarter-Mile, a place where I simply lived intensely with them, watching and forming even without knowing a base of knowledge that make much difference to me today.

As a veterinary doctor, I went to see an Arabian horse breed owned by my husband Leonardo Machado, and was something instantaneous to fall in love with these extreme majestic creatures. I started a work ten years ago and currently I dedicate myself totally to the breeding program at Haras ESJ in Peabiru, Paraná.

Today what I seek most is to perfect breeding techniques with a focus on neonatology, giving greater care to the crucial point during the mares' gestation, at birth, in a naturally monitorable manner.

Giving up has never been an option in my history with them, because the feeling that has always kept me close is the strongest thing I have in my life. Logically there have been bad and very difficult moments, yes, until today, but they have been overcome with every success that we learn to contemplate daily.

I think that with dedication and willpower to overcome limitations you can really see improvements within a creation project. This coupled with the relentless pursuit of knowledge are fundamental principles for the results to be palpable.

Any woman who demonstrates that with persistence you can transform your results and is able to achieve anything, certainly inspires unconscious admiration, because we are endowed with endless resilience.

MY MESSAGE TO FUTURE GENERATIONS OF HORSEWOMEN WILL ALWAYS BE DON'T GIVE UP, BECAUSE THE MAIN BENEFICIARY OF DONATING YOUR GREATEST EFFORT TO IMPROVE THE CONDITION WITHIN ANY CREATION, WILL ALWAYS BE YOURSELF



Inspector of Horse Breeding, Businesswoman in Breeding Consulting and Horse Transport, Stud Manager, ECAHO International Judge. I am a Pole who has lived all her life with horses, animals and nature. Even though I was born in Warsaw and spent most of my life in a big city, I never became a man "from the concrete jungle".

Choosing to study at the Agricultural University in Warsaw was a consequence of my life passions: horse riding and contact with horses. After graduation, I met on my way a person who changed my life, Izabella Zawadzka. It was she who invited me to the "world of Arabian Horses". Once I entered this land, I never wanted to leave it. After two years of internship at the studs: Janów Podlaski, Michałów, Białka and Kurozwęki, I started working in the Horse Breeding Department in Agricultural Property Agency (the owner of the State Studs, now named KOWR), first as Izabela's assistant, then as an independent worker (Inspector of Horse Breeding). I've been working like this for over 20 years. I got involved with Arabian horses by conviction, love and profession. There is no greater blessing than when your passion becomes your profession. For five years I have been running my own company dealing with breeding consulting and horse transport. I am also the manager of the private stud Regina Arabians.

I'm not sure if I would make any special difference to being a woman in this world. Being a human being, in the full sense of the word, is a privilege on the one hand, and a commitment on the other. But yes, the Arabian horse world is mostly a man's world. Although there are more and more women in it and they have a higher and higher position. I must admit that I have never personally encountered any disrespectful or condescending treatment. And I never felt like a "second-class man" in the past.

I grew up in a home where education and selfdevelopment were of great importance. My parents always inspired me to act, no matter what path I chose. The support and role models I learned from home turned out to be invaluable in my life.

As in most professions, atypical for women, we have to prove much more often than men that we have a brain, that we can be as professional, professionally prepared, and even better than men. Unfortunately, stereotypes still prevail, fortunately this is changing.

Intelligence, steadfastness, consistency, adaptability are in my opinion the qualities one must have in order to pursue a dream.

Women, in my opinion, are "multi-instrumentalists", they can do and think about several projects at the same time. They have a divisibility of attention that is difficult for men to attain.

Women can be great if they want to be good at something. And they can be great at several things at once.

I was asked if I think that my experience and history can be an inspiration for a future generation of women in this world.

Oh no, I don't have such ambitions! My story is not unique or special. It's just that, if you have a passion in life, if you believe in something deeply, it is easier to find the motivation to overcome difficulties. A woman falls and can get up because she has a goal. It is a driving force to act, inspiring.

FIRST OF ALL, MY MESSAGE TO FUTURE GENERATIONS OF WOMEN IS THAT THEY HAVE TO DEFINE WHAT THEY WANT AND CONSISTENTLY PURSUE THEIR PASSIONS. NOT AT ALL COSTS, BECAUSE THE MOST IMPORTANT THING IS TO LOOK YOURSELF IN THE FACE IN THE MIRROR WITHOUT DISGUST, BUT WITH CONSISTENCY AND CONVICTION. AND IT'S WORTH BEING YOURSELF, YOU DON'T HAVE TO FIGHT FOR EVERYONE TO LOVE YOU. IT'S NOT WORTH IT, IT'S IMPOSSIBLE.

OUR STRENGTH COMES FROM THE BELIEF THAT WE ARE EXACTLY WHERE WE WANTED TO BE.

WE. WOMEN

Chiara Carrer Antonia Bautista Jennifer Dhombre Kamila Kozlowska Anna Maria Raffa Jennifer Von Dahn Urszula Łęczycka Kathleen Ohlsson Ally Nelson **Mindy Peters** Rosangela Brugali Elena Vignato **Cristiane Durante Guardia** Talitha Bakker Desiré Faraone Sandra Platzeck **Raquel Jacovas** Adriana & Alessandra Moura Maadalena Muraszko-Kowalska Helena Jodie Byrne Manuela Lucini Christie Metz Dana Russo Patrycja Makowska Mary Hellen Chavez **Dulce Rosas** Flávia Torres Kasia Dolińska-Witkowska Elisa Grassi **Raquel Sorvilo** Yassmin Atieh Nadia Boersch Paola Marinangeli Sandra Zänglein

is:

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